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**BOWEL PREPARATION INSTRUCTIONS FOR CAPSULE ENDOSCOPY  
DR. BENITEZ**

YOU HAVE BEEN SCHEDULED FOR A DIAGNOSTIC PROCEDURE CALLED **SMALL BOWEL CAPSULE ENDOSCOPY** TO BE PERFORMED ON

\_\_\_\_\_ AT \_\_\_\_\_ ARRIVAL TIME \_\_\_\_\_

**YOU WILL NEED TO REPORT TO PARKWEST HOSPITAL (MAIN ENTRANCE)**

LATE ARRIVAL MAY RESULT IN UP TO A 2-HOUR DELAY IN YOUR PROCEDURE

**PRE-PROCEDURE INSTRUCTIONS:**

FOR THIS EXAMINATION YOU MUST FOLLOW A SPECIAL CLEAR LIQUID DIET FOR PART OF THE DAY PRIOR TO YOUR EXAMINATION.

- BEGINNING ON \_\_\_\_\_ YOU MAY HAVE BREAKFAST AND LUNCH FOLLOWED BY CLEAR LIQUIDS FOR THE REMAINDER OF THE DAY.
- AT 6:00 P.M. ON \_\_\_\_\_ YOU WILL START YOUR **MIRALAX PREP.** MIX ½ OF 4.1oz. BOTTLE OF MIRALAX WITH 32oz. OF WATER AND DRINK OVER 2 HOUR PERIOD.
- TAKE ALL EVENING MEDICATIONS PRIOR TO 10:00 P.M.

**DO NOT EAT OR DRINK ANYTHING AFTER 10P.M. ON THE NIGHT PRIOR TO OR ON THE MORNING OF YOUR PROCEDURE.**

- DO NOT TAKE ANY MEDICATIONS BEGINNING 2 HOURS BEFORE UNDERGOING CAPSULE ENDOSCOPY. YOU MAY TAKE USUAL MEDICATIONS AT 9:00 A.M. ON THE DAY OF THE EXAMINATION.

**MEDICATIONS:**

- IF YOU HAVE SPECIFIC MEDICAL PROBLEMS SUCH AS SEVERE HIGH BLOOD PRESSURE OR ANGINA, YOU MAY TAKE YOUR MORNING MEDICATION WITH A SMALL SIP OF WATER **AT LEAST 2 HOURS BEFORE UNDERGOING PROCEDURE.** IF YOU TAKE INSULIN FOR DIABETES, TAKE ½ YOUR USUAL DOSE THE EVENING BEFORE AND MORNING OF YOUR PROCEDURE.
- IF YOU TAKE IRON SUPPLEMENTS, PLEASE DISCONTINUE FOR FIVE DAYS PRIOR TO EXAM.
- ABSTAIN FROM SMOKING 24 HOURS PRIOR TO UNDERGOING CAPSULE ENDOSCOPY.

**IF YOU HAVE ANY QUESTIONS OR HAVE AN EMERGENCY ON THE DAY OF YOUR EXAM SUCH THAT IT MUST BE RESCHEDULED, PLEASE CALL THE OFFICE AT 865-539-5372 OPTION 2.**

**PLEASE BRING I.D., INS. CARDS AND LIST OF CURRENT MEDICATIONS WITH YOU**