

JEFFREY R. CRIST, M.D.
JUAN BENITEZ, M.D.
9330 PARK WEST BLVD.
SUITE 506
KNOXVILLE, TN 37923

Phone: (865) 539-5372
Fax: (865) 539-5369

EGD: PREPARATION INSTRUCTIONS – DR. BENITEZ

YOU HAVE BEEN SCHEDULED FOR A DIAGNOSTIC PROCEDURE CALLED

ESOPHAGOGASTRODUODENOSCOPY (EGD) TO BE PERFORMED ON:

_____ **AT:** _____ **ARRIVAL TIME:** _____

YOU WILL NEED TO REPORT TO: _____ **PARKWEST HOSP. (MAIN ENTRANCE)**

_____ **FT. LOUDOUN HOSP. REGISTRATION (ER/ Reg. Desk)**

LATE ARRIVAL MAY RESULT IN UP TO A TWO-HOUR DELAY FOR YOUR PROCEDURE.

PRE-PROCEDURE INSTRUCTIONS:

1. TAKE NOTHING BY MOUTH AFTER MIDNIGHT THE NIGHT PRIOR TO OR THE MORNING OF YOUR PROCEDURE.

2. MEDICATIONS:

- IF YOU HAVE SPECIFIC MEDICAL PROBLEMS SUCH AS SEVERE HIGH BLOOD PRESSURE OR ANGINA, YOU MAY TAKE YOUR MORNING PILLS WITH A SMALL SIP OF WATER EARLY ON THE DAY OF YOUR TEST. IF YOU HAVE ANY QUESTIONS REGARDING OTHER MEDICATIONS PLEASE CALL THE OFFICE.
- **STOP ASPIRIN AND FISH OIL FOR ONE WEEK, STOP BLOOD THINNERS FOR THE FOLLOWING AMOUNT OF TIME: EFFIENT FOR 7 DAYS, COUMADIN, WARFARIN, OR PLAVIX FOR 5 DAYS, AND PRADAXA, ELIQUIS OR XARELTO FOR 3 DAYS.**
- AVOID TAKING PRODUCTS CONTAINING IBUPROFEN (ADVIL) OR NAPROXEN (ALEVE) PRODUCTS FOR 2 DAYS PRIOR TO YOUR PROCEDURE

3. BRING SOMEONE ALONG WITH YOU TO DRIVE YOU HOME.

- YOU WILL BE SEDATED BEFORE THE EXAMINATION. WHILE MOST OF THE EFFECTS OF THE MEDICINE WILL WEAR OFF PRIOR TO YOUR DISCHARGE, WE CANNOT LET YOU LEAVE UNACCOMPANIED. YOU WILL NOT BE ABLE TO DRIVE THE REMAINDER OF THE DAY.

IF YOU HAVE ANY QUESTIONS OR HAVE AN EMERGENCY ON THE DAY OF YOUR EXAM PLEASE CALL OUR OFFICE AT 865-539-5372 OPTION 2. PLEASE ALLOW AT LEAST 48 HOURS NOTICE ON CANCELLATIONS OR RESCHEDULING OF PROCEDURE APPOINTMENTS.

*****PLEASE BRING I.D., INS. CARDS AND LIST OF CURRENT MEDICATIONS WITH YOU*****

PLEASE LEAVE ALL VALUABLES AT HOME