

# **CLEAR LIQUID DIET**

**TEA (decaffeinated or regular)**  
**BLACK COFFEE (NO CREAMER/MILK)**  
**CARBONATED BEVERAGES (clear or light colored only)**  
**FRUIT FLAVORED DRINKS**  
**GREEN TEA**  
**STRAINED FRUIT JUICES (without the pulp)**  
**LEMONADE**  
**GATORADE (NO RED OR PURPLE)**  
**POWERADE (NO RED OR PURPLE)**  
**WATER**

**BEEF BROTH**  
**CHICKEN BROTH**  
**CONSOMME**

**JELL-O (NO RED OR PURPLE)**  
**POPSICLE (NO RED OR PURPLE)**

**SUGAR**  
**HONEY**  
**SYRUP**  
**HARD CANDY (NO RED OR PURPLE)**  
**SALT**

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